



Asian American Mental Health Forum

Thursday, May 26, 2011

9:00am – 3:00pm

Chelmsford Radisson

10 Independence Drive, Chelmsford, MA

Agenda

9:00-9:30 **Registration and Coffee**

9:30-9:45 **Welcome**

Amy Stanley, Greater Lowell Health Alliance and Niem Nay-Kret, Lowell Community Health Center

9:45-10:30 **Keynote Speaker**

Frances K. Chow, UMass Boston Student

A Mental Health Perspective from Experience: Challenges, Treatment, and Hope

10:30-12:00 **Panel Discussion**

Moderator:

Jacob Smith Yang, Executive Director, Map for Health

Panelists:

Danny Ho, Youth Education Coordinator, Asian Task Force Against Domestic Violence (ATASK)

Nancy Colburn, PhD, BHS Site Manager and Psychologist, Metta Health Center, LCHC

Pata Suyemoto, Writer, Educator, Mental Health Activist

Dr. Huijun Li, Director of Multicultural Research at the Commonwealth Research Center

Jianghe Niu, PhD, Adjunct Faculty, Quincy College and Associate in Research, Fairbank Center for Chinese Studies, Harvard University

12:00-12:45 **Lunch**

12:45-1:45 **Breakout Sessions and Large Group Report**

Panelists will facilitate group discussions to address the following questions: How can we apply what we learn to our work, what opportunities exist for collaboration, and what issues do we still need to consider

1:45- 2:45 **Suicide Prevention Workshop**

Brandy Brooks, MA, MS, Massachusetts Department of Public Health

2:45-3:00 **Closing and Evaluations**

The Asian American Mental Health Forum is funded by the Greater Lowell Health Alliance with support from the Massachusetts Department of Public Health, Massachusetts Council on Compulsive Gambling, Lowell Community Health Center, and the US Department of Health and Human Services, Office of Refugee Resettlement, Services for Torture Survivors Program Grant #90ZT0085.

Asian American Mental Health Forum



Thursday, May 26th, 2011
9:00am-3:00pm
Chelmsford Radisson
10 Independence Drive

Join us during Asian American Heritage Month for a **FRFF Asian American Mental Health Forum** for community health workers, service providers, and healthcare professionals. This forum will include presentations on the following topics:



- Mental Health Data and Statistics
- Strategies for Working with Asian Americans with Mental Health Disorders
- Mental Health Needs and Treatment in the Cambodian Community
- Mental Health and Addiction
- Mental Health and Domestic Violence
- Question, Persuade, and Refer: Suicide Prevention Workshop with Brandy Brooks
- GLBTQ and Youth
- Strength of Asian Americans



Registration is required by May 19 by emailing [Amy Stanley](mailto:Amy.Stanley@glha.org) or calling 978-788-7278.



The Asian American Mental Health Forum is funded by the Greater Lowell Health Alliance with support from the Massachusetts Department of Public Health, Massachusetts Council on Compulsive Gambling, Lowell Community Health Center, and the US Department of Health and Human Services, Office of Refugee Resettlement, Services for Torture Survivors Program Grant #90ZT0065.