



# HARVARD MEDICAL SCHOOL

## DEPARTMENT OF CONTINUING EDUCATION

# SCHOOL MENTAL HEALTH: TREATING STUDENTS K-12

**JANUARY 28-29, 2011**

**BOSTON PARK PLAZA HOTEL**

*offered by*

**THE DEPARTMENT OF PSYCHIATRY  
CAMBRIDGE HEALTH ALLIANCE PHYSICIANS ORGANIZATION**

*under the direction of*

**Ross W. Greene**

**Judy Reiner Platt**

**Nancy Rappaport**

The objective of this course is to help clinicians and school personnel optimize the social, emotional, and behavioral well-being of children and adolescents at school. After attending this program, participants will be able to identify strategies to promote learning and resiliency, as well as to support collaboration among students, administrators, mental health professionals, and family members. Participants will be able to describe ways to assess and intervene with students exhibiting a wide range of maladaptive behaviors, including aggression, violence, bullying, cyberbullying, self-injury, and other high-risk actions. Participants will also learn how to foster better social and communication skills in special needs students, the complexities of managing psychopharmacology in the schools, and how to best work with students carrying a variety of mental health diagnoses, including ADHD, oppositional defiant disorder, conduct disorder, and anxiety disorders. Special considerations in working with immigrant and low income children and their families will also be presented. This course is intended for mental health and health clinicians, school psychologists and social workers, inclusion and special education teachers and coordinators, school administrators, researchers, classroom teachers, and others interested in the well being of students.

**For further information contact:** Cambridge Health Alliance Physicians Organization (CHAPO-CME) P.O. Box 398075-Inman Square, Cambridge, MA 02139 by Phone: 617-503-8445; Fax: 617-503-8460; Email: [cme@challiance.org](mailto:cme@challiance.org); or Web: [www.cambridgecme.org](http://www.cambridgecme.org)

**FRIDAY – JANUARY 28, 2011**

**8:00 - 8:45 REGISTRATION AT THE BOSTON PARK PLAZA HOTEL**

**8:45 - 12:30 MORNING PROGRAM** - Moderator: Nancy Rappaport

- Practical Guidelines for Student Threats of Violence:  
An Evidence-Based Approach ..... Dewey Cornell
- Best Practices to Prevent Bullying and Cyberbullying: A Systemic Approach.... Robin D’Antona
- When a Crisis Occurs: Strategies for Getting Schools Ready..... Scott Newgass

**12:30 - 1:45 BREAK**

**1:45 - 5:00 AFTERNOON PROGRAM** - Moderator: Tyrone Williams

- Autism, Aspergers, NVLD, and Other Special Needs Children:  
Strategies for Communication and Socialization ..... Ann Densmore
- Working with Immigrant and Minority Children  
and their Families in Culturally Responsive Ways..... Maria Pacheco
- Challenging Our Assumptions:  
Fostering Achievement Motivation in Low Income Students ..... Janine Bempechat

**SATURDAY – JANUARY 29, 2011**

**8:45 - 12:30 MORNING PROGRAM** - Moderator: Ross W. Greene

- ADD in the Classroom: Hope, Help, and Humor ..... Edward M. Hallowell
- Cognitive-Behavioral Strategies for Worry,  
Separation Anxiety, OCD, and School Refusal ..... Aureen Pinto Wagner
- Understanding, Preventing, and Treating  
Nonsuicidal Self-Injury in School Settings ..... Barent Walsh

**12:30 - 1:45 BREAK**

**1:45 - 5:00 AFTERNOON PROGRAM** - Moderator: James G. Barrett

- What School Personnel Need to Know about Psychiatric Medications..... Deborah Kulick
- Classroom Management for Behaviorally Challenging Students..... Ross W. Greene
- Answering Questions to Questions Not Answered ..... Faculty

**SCHOOL MENTAL HEALTH**  
Course # 312466

**January 28-29, 2011** **Physicians’ Fee: \$350 (USD)**  
**\*All Others: \$275 (USD)**  
**\*(Including Residents and Fellows with letter of verification)**

*(Please Print Clearly - All Fields Required)*

Full Name \_\_\_\_\_  
First Middle Initial Last

Mailing Address \_\_\_\_\_  
Street City State Zip

Daytime Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Your email address is used for important information about the course including: registration confirmation, course evaluation, and certificate. Please be sure to include an email address you check frequently. If you do not have an email address, complete this registration form and send it with check to the address below.

Please check if you want to be **excluded** from receiving email notices of future Harvard Medical School Continuing Education programs.

Circle Discipline:

Physician Psychologist Nurse Social Worker Family Therapist Counselor Educator Student Other: \_\_\_\_\_

**Check is enclosed:** Please make check payable to *Harvard Medical School* and mail it with this registration form to:  
**Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**

Payment by Credit Card (Visa or Mastercard) is ONLY accepted at: [www.cme.hms.harvard.edu/courses/schoolmentalhealth](http://www.cme.hms.harvard.edu/courses/schoolmentalhealth)  
**Telephone, fax, or mailed registrations by credit card are not accepted.**

## GENERAL INFORMATION

### REGISTRATION:

**Physicians - \$350 USD All Others - \$275 USD** (including Residents and Fellows in Training with letter of verification)

All foreign payments must be made by a draft on a United States bank or by Visa or Mastercard. If paying by credit card, please register online at [www.cme.hms.harvard.edu/courses/schoolmentalhealth](http://www.cme.hms.harvard.edu/courses/schoolmentalhealth) Upon receipt of your registration form an email confirmation from the HMS-DCE office will be sent to you. Therefore, be sure to include an email address that is checked frequently. If paying by check, make it payable to Harvard Medical School and mail with completed registration form to: Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825. **Telephone, fax, or mailed registrations by credit card are not accepted.** Inquiries should be directed to the above address, made by phone, (617) 384-8600, Monday-Friday, 10 a.m. to 4 p.m. (EST) or by e-mail: [hms-cme@hms.harvard.edu](mailto:hms-cme@hms.harvard.edu). **Program changes/substitutions may be made without notice.**

### ONLINE INFORMATION:

To ensure proper registration, please add the first *three* characters of the source code found at the bottom of the registration form. To register or to view course information online, visit our home page: [www.cme.hms.harvard.edu/courses/schoolmentalhealth](http://www.cme.hms.harvard.edu/courses/schoolmentalhealth)

### REFUND POLICY:

A handling fee of \$60 (USD) is deducted for cancellation. Refund requests must be received by mail or fax (617) 384-8686 one week prior to the course. **No refund will be made thereafter.**

### COURSE LOCATION AND ACCOMMODATIONS:

All sessions will be held at **The Boston Park Plaza Hotel. Hotel rooms in Boston are limited; you are urged to make your reservations early.** A block of rooms has been reserved at **The Boston Park Plaza Hotel**, 64 Arlington Street, Boston, MA 02116 (617) 426-2000 or (800) 225-2008 until **January 11, 2011**. Please specify that you are enrolled in this course to receive a reduced room rate. A map of Boston listing local hotels will be sent with your confirmation of enrollment.

### TRAVEL INFORMATION:

Reservations may be made by calling the HMS Travel Desk toll free 1 (877) 4-HARVMD (1-877-442-7863) Monday-Friday 9 am. - 8 p.m. (EST). From outside the US, Canada, and Virgin Islands, please call 617-559-3764.

### CONTINUING EDUCATION:

**PHYSICIANS:** Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Harvard Medical School designates this educational activity for a maximum of 14 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for 14 hours of Risk Management credit(s) in Massachusetts. Risk management credit(s) were determined based on criteria outlined by the Massachusetts Board of Registration in Medicine. Please check with your individual state licensing board requirements before claiming risk management credit(s).

**PSYCHOLOGISTS:** The Cambridge Health Alliance, Psychiatry Continuing Education Division, is approved by the American Psychological Association to sponsor continuing education for psychologists. The Cambridge Health Alliance maintains responsibility for this program and its content. This course offers 14 continuing education credits.

**COUNSELORS and EDUCATORS:** The Cambridge Health Alliance, Psychiatry Continuing Education Division, is an Approved Continuing Education Provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Cambridge Health Alliance solely is responsible for all aspects of the program. This program is approved for 14 clock hours, Provider # 5444, and is also applicable for Commonwealth of Massachusetts Counseling/Allied Mental Health accreditation and PDP Educator accreditation for 14 credits.

**NURSES:** The American Nurses Credentialing Center, Commission on Accreditation, accepts continuing education from the Accreditation Council on Continuing Medical Education (ACCME) toward recertification. The Cambridge Health Alliance, Psychiatry Continuing Education Division, verifies that this course is a planned, organized learning experience designed to augment the knowledge, skills, and attitudes for the enhancement of nursing practice to the end of improving health care to the public as mandated by Massachusetts Regulation 244 CMR 5.00 toward relicensing requirements. This course offers 16.8 hours.

**SOCIAL WORKERS, ADDICTION COUNSELORS, and FAMILY THERAPISTS:** Application for continuing education credit has been made to the Collaborative of the Massachusetts Chapter of the National Association of Social Workers; the Massachusetts Board of Substance Abuse Counselor Certification (MCVCAC/MBSACC); and the CT, MA, and RI Chapters of The Association for Marriage and Family Therapy. 14 credits are pending.

## 2010-2011 CAMBRIDGE/HARVARD CALENDAR

<b>October 29-30</b>	<b>Couples</b>	<b>January 28-29</b>	<b>School Mental Health</b>
<b>November 5-6</b>	<b>Aging</b>	<b>March 4-5</b>	<b>Addictions</b>
<b>December 10-11</b>	<b>Eating Disorders</b>	<b>May 6-7</b>	<b>Meditation and Psychotherapy</b>
		<b>May 20-21</b>	<b>Contemporary Families</b>

## FACULTY

**JAMES G. BARRETT, Ph.D.**, Psychologist, Child and Adolescent Psychiatry Outpatient Division, Cambridge Health Alliance; Instructor in Psychology, Department of Psychiatry, Harvard Medical School; Co-Founder, Safety Net Collaborative Partnership, Cambridge Police Youth and Family Services Unit; Private Practice, Cambridge; Contributor to: *Community Psychologist*; *Professional School Counseling*; *Handbook of Human Development for Health Professionals*

**JANINE BEMPECHAT, Ed.D.**, Associate Professor, Wheelock College; Author: *Against the Odds: How At Risk Students Exceed Expectations*; *Getting our Kids Back on Track: Educating Children for the Future*

**DEWEY CORNELL, Ph.D.**, Clinical Psychologist, and Professor of Education, Programs in Clinical and School Psychology, and Director, Virginia Youth Violence Project, Curry School of Education, University of Virginia; Author: *School Violence: Fears Versus Facts: Guidelines for Responding to Student Threats of Violence*

**ROBIN D'ANTONA, Ed.D.**, Educational Consultant; Trainer, National Olweus Bullying Prevention; Adjunct Professor, Nova Southeastern University; Founding Board Member, International Bullying Prevention Association; Author: *Tackling Bullying in Athletics*; *101 Facts about Bullying*; *The Comfort Zone: Providing a Safe and Bully-Free Environment for School-Age Child Care*

**ANN DENSMORE, Ed.D., CCC SLP/A**, Education Consultant in Speech and Language for schools and families and Director, Child Talk, Lexington; Author: *Helping Children with Autism Become More Social: 76 Ways to Use Narrative Play*; *Your Successful Preschooler: Ten Skills Children Need to be Confident and Socially Engaged*; DVD: *Using Play to Foster Communication in Children with Autism and Asperger's Syndrome*

**ROSS W. GREENE, Ph.D.**, Clinical Psychologist; Associate Clinical Professor, Harvard Medical School at Cambridge Health Alliance; Founder, Lives in the Balance; Author: *Lost at School: Why Our Kids with Behavioral Challenges are Falling through the Cracks and How We Can Help Them*; *The Explosive Child*

**EDWARD M. HALLOWELL, M.D.**, Child and Adult Psychiatrist; Founder and Director, Hallowell Center for Cognitive and Emotional Health, Sudbury and New York City; Author/Co-Author of numerous publications including: *Driven to Distraction*; *Answers to Distraction*; *Delivered from Distraction*; *Superparenting for ADD*; *CrazyBusy*; *Connect*; *Positively ADD*; *Dare to Forgive*; *The Childhood Roots of Adult Happiness*; *Worried*; *Married to Distraction*

**DEBORAH KULICK, M.D.**, Attending Psychiatrist, School Mental Health Division, Cambridge Health Alliance; Instructor in Psychiatry, Harvard Medical School

**SCOTT NEWGASS, LCSW**, Education Consultant, Connecticut State Department of Education; State Coordinator for Safe and Drug-Free Schools, and Program Manager, Mental Health Special Education Programs, State of Connecticut; Coordinator, Connecticut School Social Work Services; Contributing Author: *Crisis Intervention Handbook: Assessment, Treatment, and Research*

**MARIA PACHECO, Ed.D.**, Director, Equity and Diversity Programs, The Education Alliance, and Adjunct Assistant Professor, ESL and Cross Cultural Studies, Brown University; Co-Author of several texts including: *Leading With Diversity: Cultural Competencies for Teacher Preparation and Professional Development*; *The Teacher's Guide to Diversity: Building a Knowledge Base*

**JUDY REINER PLATT, Ed.D.**, Director, Division of Continuing Education, Department of Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School

**NANCY RAPPAPORT, M.D.**, Director of School Programs, Cambridge Health Alliance; Assistant Professor of Psychiatry, Harvard Medical School; Author: *In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide* (recipient of the Julia Howe Award, and listed as a *Wall Street Journal's* Best Health Book); Contributing Author: *Innovative Strategies for Preventing Psychological Problems*; *Handbook of School Mental Health*; *Child and Adolescent Psychiatric Clinics of North America, 2006*

**AUREEN PINTO WAGNER, Ph.D.**, Director, The Anxiety Wellness Center, Cary, North Carolina; Member, Scientific Advisory Board, International OCD Foundation; Author: *Treatment of OCD in Children and Adolescents: A Cognitive-Behavioral Therapy Manual*; *Up and Down the Worry Hill: A Children's Book about OCD and its Treatment*; *Worried No More: Help and Hope for Anxious Children*; *What to Do When Your Child Has OCD: Strategies and Solutions*

**BARENT WALSH, LICSW, Ph.D.**, Executive Director, The Bridge, Worcester; Lecturer on Psychiatry, Harvard Medical School at Cambridge Health Alliance; Author: *Treating Self-Injury: A Practical Guide*; *Self-Mutilation: Theory, Research, and Treatment*; Contributing Author: *Understanding Nonsuicidal Injury: Origins, Assessment, and Treatment*

**TYRONE WILLIAMS, M.D.**, Psychiatrist, Child and Adolescent Psychiatry, Cambridge Health Alliance; Instructor in Psychiatry, Harvard Medical School